

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6:00-6:45 Pilates/ Barre Fusion		6:00-6:45 Pilates/ Barre Fusion			
6:45-7:30 Mat Pilates	6:45-7:30 Dance Fit	6:45-7:30 Mat Pilates	6:45-7:30 Dance Fit	6:45-7:30 Dance Fit		
7:30-8:15 Cardio Drumming	7:30-8:15 Barre Sculpt	7:30-8:15 Cardio Drumming	7:30-8:15 Barre Sculpt	7:30-8:15 Yoga	7:15-8:00 Pilates/ Barre Fusion	7:15-8:00 Barre Sculpt
8:15-9:00 Barre Sculpt*	8:15-9:00 Yoga*	8:15-9:00 Barre Sculpt*	8:15-9:00 Yoga*	8:15-9:00 Mat Pilates*	8:00-8:45 Yoga	8:00-8:45 Mat Pilates
9:00-9:45 Yoga*	9:00-9:45 Mat Pilates*	9:00-9:45 Yoga*	9:00-9:45 Mat Pilates*	9:00-9:45 Cardio Drumming		
	11:15-12:00 Cardio Drumming		11:15-12:00 Cardio Drumming			
12:00-12:45 Mat Pilates*	12:00-12:45 Barre Sculpt*	12:00-12:45 Mat Pilates*	12:00-12:45 Barre Sculpt*	12:00-12:45 Mat Pilates*		
	12:45- 1:30 Yoga*		12:45-1:30 Yoga*			
	7:30-8:30 Adult Ballet					5:30-6:30 Adult Ballet
		8:15-9:00 Adult Tap	8:15-9:00 Adult Contemporary			6:30-7:45 Yoga
	8:30-9:15 Adult Jazz/ Heels					
* Family Friendly Classes						